

# MasterClass with Donna Hartley

## Insight 4: Who Am I?

### Life Themes:

These are some suggestions:

- Harmony
- Healer
- Winner
- Survivor
- Rescuer
- Warrior
- Artistic
- Networker
- Builder
- Humanitarian
- Catalyst
- Leader
- Peacemaker
- Communicator
- Cause Fighter
- Justice
- Follower
- Psychic

### Souls Journey:

You're on this planet at this time to fulfill your life theme. The path to your soul journey. Write down what you enjoy doing, ask your friends and family what you're good at. Meditate to discover what your journey is all about (this might take some time, but this is one of the clear intentions of this MasterClass: that you can be on your soul journey.)

### Checklist:

- Meditate three times this week to Healing Meditations "Cloud Healing"
- Write in journal three times (the "ah-ha!" moments)
- Keep working on creating balance in your life
- Be positive with self-talk and visualization

### Insight of the week:

Go forth and have a great week! – *Donna Hartley*